## How to correctly measure your foot

Choose a white piece of paper where you want to trace your footprint and place it on the floor.
Ask someone to help you get your footprint, in order to correctly carry out the process.
Stand up and place your right foot on the paper while you keep your body weight on your left foot.
The person who is helping you can now trace around your right foot.
Follow the same procedure to trace your left footprint (shift your weight on your right foot and ask someone to trace around your left foot).
It is important that you do not keep your weight on the foot that you are measuring, otherwise your measures will be larger and will not correspond to your real foot size.


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Then, measure with a ruler the footprint that you traced to determine the correct length and width of your foot.

Ask the person who is helping you to trace around your foot holding the pencil as straight up-and-down as possible and in constant contact with your foot during the process.


Foot length
To find your accurate foot length, measure the distance between the two longest points on your tracing.

Foot width
To find your foot width, measure the distance between the two widest points on your tracing.


If possible, also measure the circumference all around the widest part of your feet in relation to your foot shape.

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[^0]:    We kindly ask to provide full details of any possible foot peculiarity such as bunion, narrow-width, pain and so on, so that our experts determine the right size of your shoes.
    In this way, you will enable us to make an even more accurate foot evaluation.

